

How to Ignite the *Spark of Life* A Day on Culture Enrichment

A Wonderful Opportunity for Managers, Care Staff & Family Carers within the Bendigo Region.

Hosted by Uniting AgeWell Bendigo - Supporting a person living with dementia



How to Ignite the *Spark of Life* – a Day on Culture Enrichment

This experiential education provides the skills to ignite the *Spark of Life* within consumers living with dementia and each other in a team. It also provides practical strategies for the best possible way to connect and communicate, facilitate **Rementia** (recovery of lost abilities) and prevent and dissolve challenging behaviours.

Who Is this Presentation for?

This day is for everyone working in the field of care and carer support. There is no prerequisite of a certain skill level and it is also equally applicable for families, GPs and people in the community.

The *Spark of Life* Philosophy was developed first for people with dementia however it has universal application - you will benefit both personally and professionally from what you learn and the skills you will discover.

Hosted by:



Uniting AgeWell

Presentation Details Tuesday 17th September 2019

9am to 5pm

Bendigo District RSL Sub-Branch
73 – 75 Havilah Rd, Bendigo, VIC 3552

To book please contact:

Kaylene DeWacht - Program Manager
Lodden Mallee South

Email: Loddon@unitingagewell.org or
call 03 5454 2100

Learning Outcomes

Participants learn not only how to enrich the quality of life for the people they care for, they also experience first-hand how to revitalise the culture of care by learning to appreciate each other as colleagues.

The benefit of the *Spark of Life* education on 'How to Ignite the *Spark of Life* – A Day on Culture Enrichment' is that the skills learnt directly support the social, emotional and spiritual requirements of the new Aged Care Quality Standards.

Participants learn how to:

- Connect with people who have dementia in kind, caring and respectful ways providing a genuine experience of being valued, feeling safe and in control.
- Pick up on the subtleties of communication and understand the many different ways people with dementia communicate their needs and wants, approvals and disapprovals.
- Support people with dementia in regaining their lost identity.
- Provide choice even for people with advanced dementia who no longer communicate verbally.
- Facilitate **Rementia**, the recovery of lost abilities, promoting rehabilitation and independence.
- Deeply understand the person with dementia and how they think and feel.
- Dissolve challenging behaviours in a gentle, compassionate way with long lasting results that diminishes the need and use of psychoactive medication.

Spark of Life Education – An Investment in the Future

Spark of Life Education goes beyond giving knowledge and understanding about dementia. When it comes to enriching the culture of an organisation it adds the missing element of facilitating a lasting shift in attitudes.

The true difference is in the experiential and life-changing delivery facilitating a profound impact on the audience and deep inner motivation to change.

Spark of Life Philosophy

The *Spark of Life* Philosophy is about redefining what it means to have dementia, opening up new possibilities for improvement. It is also about revitalising the culture of care, enriching the quality of life for people with dementia and giving joy and renewed energy to carers.

First developed for people with dementia, the philosophy is now practiced in diverse cultures and fields in 11 countries.

In July 2009, the *Spark of Life* Philosophy received the International IAHSA Excellence in Ageing Services Award for its optimistic whole system towards dementia and dementia rehabilitation.



'Spark of Life is a very heartfelt and honest philosophy that has proven some amazing results. When people with dementia are drawn out of their shells they can interact in ways that many people had thought were no longer possible.'

Dr Al Power, USA



'The education is just phenomenal, there is no other word. It ignites a fire and a magic inside your soul to reach for new goals and to help the people we are here to look after and to care for and to encourage them to find new things within themselves. I finally feel I can give the nursing and the care that has been locked up inside of me.'

**Jaci Newman,
Registered Nurse
Western Australia**

Your Presenter



Jane Verity is the Founder, Director and CEO of Dementia Care International and the *Spark of Life* Philosophy, as well as a world leader and pioneer in elevating the standards of emotional care of people with dementia.

Jane has a deep interest in empowering people who are caring for a person with dementia. For families caring for someone at home, she is acutely aware of their circumstances. Caring for her own mother with dementia brought to the philosophy a unique understanding and intimate knowledge that is only gained through personal experience.

Originally from Denmark and now living in Melbourne, Australia, Jane is an Occupational and Family Therapist and a Master Practitioner in NLP and is known for her life-changing and inspirational presentations.

She has authored two internationally published books and contributes regularly to national and international conferences and journals. Jane has represented Australasia as an advisor in innovation in dementia care for the Singapore Government, and at the Dementia 100 Experts Forum in Sweden.