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Global *Spark of Life* Month Special Offer: Age without Alzheimer's by Dr Ruth Cilento

If you have concerns about Alzheimer's and want to learn how to preserve a healthy brain into your later years, this is an inspiring book with helpful facts, practical strategies, and steps you can take.

Learn directly from Dr Ruth Cilento, a holistic physician and knowledgeable practitioner who was deeply concerned with what is best for our health as human beings.

Dr Ruth Cilento has authored the duology: Age without Alzheimer's with the second book including the Agewell Cookbook.

These two books are a limited edition and only available from Dementia Care International. Dr Ruth Cilento was an advocate for the *Spark of Life* Philosophy and had a pioneering understanding of how our emotions impact on our physiology which forms an important element of her books.



During August - Global *Spark of Life* Month, our email subscribers and followers can enjoy the special offer of purchasing both books for the price of \$33 (regular price \$55) plus postage and handling.

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All Prices are in Australian Dollars

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