



# Become a Certified Facilitator of the *Spark of Life*<sup>®</sup> Rehabilitative Program

For Allied Health Professionals, Nurses and Managers

**Live via Zoom**  
March 17<sup>th</sup> to 20<sup>th</sup>, 2025

**For time zones:  
Australasia**

**Gain the skills and knowledge to implement and run the *Spark of Life* Rehabilitative Program**

## The *Spark of Life* Rehabilitative Program Course

This 4 day internationally certified course offers participants a new understanding and knowledge of neuro-rehabilitation applied to dementia and the specific detailed strategies for implementation in practice. The *Spark of Life* Rehabilitative Program can be successfully implemented in residential care, and community services, hospitals and palliative care.

The Course is designed specifically for **Allied Health Professionals, Nurses and Managers**.

Included in the course is the comprehensive *Spark of Life* Facilitation Resource Kit (Value AU\$1,650) for reference after the course and as a learning resource for co-facilitators.



## *Spark of Life* Skill-Set

The course equips Facilitators of the Rehabilitative Program with comprehensive knowledge and the detailed *Spark of Life* Skill-Set to:

- Create an interactive therapeutic environment that facilitates rehabilitation and optimises independence based on innovative neuro-rehabilitative techniques.
- Ensure people with dementia feel respected, valued and safe resulting in friendships and social confidence being strengthened.
- Empower the person with dementia to make active choices and decisions.
- Apply the *Spark of Life* Rehabilitative Program Principles for an enhanced experience to other aspects of care including one-on-one connections.

## Benefits for Care Services and Facilitators

The profound knowledge and skill-set learned from completing the certified *Spark of Life* Rehabilitative Program Course have demonstrated the following outcomes in practice:

- Creating a shift in participants thinking to a rehabilitative mindset that translates into other areas of care.
- Reducing behaviours of concern, minimising the need for psychotropic medication.
- Reducing falls

In addition participants gain personal fulfilment and increased engagement related to:

- The joy and satisfaction from seeing the positive outcomes of the program.
- Improved relationships between staff, residents and their families.
- Their heightened knowledge and skills.



‘My residents with advanced dementia who have participated in the *Spark of Life* Rehabilitative Program have shown great improvements in their wellbeing as well as a reduction in behaviors of concern.

It is really inspiring and refreshing to witness the endless possibilities of positive connection that we are able to create as Facilitators of the *Spark of Life* Rehabilitative Program.’

*Nur Sahara Binte Kamsani,  
Social Worker, Singapore*



# The Spark of Life Rehabilitative Program

The *Spark of Life* Rehabilitative Program is an interactive, therapeutic program that facilitates rehabilitation, builds confidence and enhances the emotional health of people with dementia.

This world class program has been thoroughly researched and extensively field tested in practice in diverse cultures around the world.



Whilst developed specifically for people with dementia, the *Spark of Life* Rehabilitative Program **can also be successfully implemented with people who do not have dementia and people with a disability.**

The *Spark of Life* Rehabilitative Program is adaptable to people with any level of dementia.

The program is underpinned by the *Spark of Life* Philosophy that is at the cutting edge of dementia care because it facilitates both positive mental and physical health and generates the possibility of rehabilitation and rementia.

## Rehabilitation Outcomes for People with Dementia

Through participating in the therapeutic Rehabilitative Program people with dementia can experience:

- Rehabilitation of cognitive abilities including language, comprehension and memory
- Boosted self-esteem, resilience and the will to live
- Companionship and close emotional connections, counteracting loneliness and depression
- Enhanced independence through the re-learning of skills
- Reduced falls



‘The outcomes for each participant in the *Spark of Life* Rehabilitative Program are amazing. We have seen dynamic decreases in falls and disruptive and challenging behaviours. We have seen complete engagement and restoration of dormant language skills. We have seen Re-mentia in action!’

*Karen Leimberer,  
Corporate Director of  
Life Enrichment Chicago,  
Illinois, USA*



‘The *Spark of Life* Rehabilitative Program facilitates improved communication skills. My experience has been that participants who may have been withdrawn or socially isolated have used more verbal and nonverbal Language. Others have begun to use sentences with expressive words and feelings.’

*Jeni Winslow,  
Occupational Therapist,  
Perth, Western Australia*



## A Unique Learning Experience

This 4 day course offers a 'boutique' experience for the participants as it is **capped at 12 people**.

The small number means having an unmatched personal experience of learning directly from the two leaders of Dementia Care International in a supportive, compassionate learning environment.

## Live via Zoom

The *Spark of Life* Rehabilitative Program Course is provided live via Zoom.

"We have set the bar high and developed an exceptional, compelling and world class zoom experience for every participant anywhere in the world. We provide a learning environment via the internet that at the same time is inspiring, energising and captivating, making it a joy for all participants to focus and concentrate" Jane Verity, Founder and CEO Dementia Care International.

### The *Spark of Life* Zoom Experience:

- Provides a supportive, compassionate learning environment.
- Enables participants to engage with increased focus, enabling deep comprehension of the content.
- Gives opportunity to learn and develop new skills from the comfort of one's own home or office.
- Provides face to face connection with course participants clearly seeing the leaders and each other when speaking.

## Here is what participants have to say about their zoom experience:

### Reykjavik, Iceland

"I have learned so much and never has a seminar captured my attention like this one. My attention has been there 100% the whole time even through zoom."

**Nanna Margrét Guðmundsdóttir**  
*Occupational Therapist*

### Cummins, South Australia

"Before the course - I thought I would struggle staring at a computer screen all day but not once have I felt tired - I've been focused all day - with no trouble."

**Tania Hammond**  
*Registered Nurse and Spark of Life Master Practitioner*

### Palmerston North, New Zealand

"The experience of learning by Zoom has been excellent. I've found I could concentrate a lot better because I was comfortable in the familiar surroundings of my office."

**Vicki Lincoln**  
*Enliven*



"The Rehabilitative Program was the first *Spark of Life* Programme we introduced at Adriel as it was practical and staff and residents could see results and improvements in resident's communication almost instantly. Due to the improvements noted from the Rehabilitative Programme, we received our first Continuous improvement from the New Zealand Ministry of Health external auditors. Continuous improvement is the highest attainable acknowledgment in a New Zealand audit."

*Mischeal McCormick,  
Owner and Manager,  
Amberley, New Zealand*



"The Aged Care Standards and Accreditation Agency auditors who have visited the home twice since the commencement of implementing the *Spark of Life* Rehabilitative Program informed us that they are very impressed with the positive outcomes for residents and other stakeholders."

*Jan Clark,  
Executive Care Manager,  
Perth, Western Australia*



# The Certified *Spark of Life* Rehabilitative Program Course Facts and Information



**This 4-day intensive and certified course on the *Spark of Life* Rehabilitative Program starts on Monday 17<sup>th</sup> March and finishes on Thursday 20<sup>th</sup> March 2025**

## Times

Each day is 7.5 hours.

## Certification

Certification is on the basis that;

1. The 4 day course has been attended in full with participation in every session.
2. All written and practical assessments have been successfully passed.

## Number of Participants

The number of participants is **capped at 12**, which enables close engagement with each individual. Please note that the course is for one participant to attend all 4 days and cannot be shared.

## Course Investment

AU\$ 3,500

## How to Apply

**There is a formal application process.**

To apply, please fill in all parts of the attached *Spark of Life* Rehabilitative Program Course Application Form and reply to the 4 questions.

## Application Due Date

All applications must be received with full payment before **Friday 21st February, 2025**.

A package containing your educational materials will be sent to you prior to the course commencing. To allow for any postal or customs delays, the early registration is essential.

## Further Information

Dementia Care International ABN 57 062 386 216

Phone +61 (0)3 9727 2744

Fax +61 (0)3 9727 2766

Email: [info@dementiacareinternational.com](mailto:info@dementiacareinternational.com)

[www.dementiacareinternational.com](http://www.dementiacareinternational.com)

## What Each Participant Receives:

- 4 days education on the evidence based and field-tested *Spark of Life* Rehabilitative Program
- Education directly from the two leaders of Dementia Care International
- A small group learning environment of maximum 12 participants
- An introduction to the *Spark of Life* Philosophy and Model of Care
- The knowledge and specialised skill-set to implement and practise the *Spark of Life* Rehabilitative Program
- Learning resources for each day of the course.
- The comprehensive *Spark of Life* Facilitation Resource Kit for future reference and as a learning resource for co-facilitators (Value AU\$1,650)

## Dementia Care International

Dementia Care International is an independent Australian based organisation supporting global health services to achieve excellence in their social and emotional care practice.

This is achieved through specialized education on the *Spark of Life* Philosophy and through the implementation of the *Spark of Life* Model of Care.

The *Spark of Life* Philosophy has been warmly received by Indigenous communities in Australia, New Zealand and USA.



# Learning from the Two Leaders of Dementia Care International



## Jane Verity

Jane Verity is Founder and CEO of Dementia Care International and has served in this role since 1993. She is a thought leader and innovator who has developed the life-enriching and rehabilitative *Spark of Life* Philosophy that has strong roots in the Scandinavian health care system.

With Hilary Lee, Jane has co-developed the *Spark of Life* Model of Care.

In Denmark and in Australia, Jane's professional career has spanned leadership roles in geriatric psychiatry and aged care with the particular focus on developing and providing rehabilitation for people who have dementia.

Jane gives advanced mentoring to global leaders in aged and dementia care to support them in achieving best practice. In this capacity, she has been an invited advisor to the Singapore Government on dementia, and the invited representative for Australasia at the 100 Experts Forum in Sweden.

Jane has educated thousands of health care professionals, staff and families in the *Spark of Life* Philosophy around the world. She has authored two internationally published books: *The Art of Good Dementia Care* and *How to Ignite the Spark of Life in People with Dementia*.

## Hilary Lee

Hilary Lee is President of Dementia Care International, serving this organization since 2007. She is a pioneer in dementia rehabilitation. Her professional career has spanned working in the UK as well as in Australia. She has led initiatives to ease the transition to residential care, the identification and prevention of depression in dementia, and a multidisciplinary approach to palliative care.

Together with professors from the University of British Columbia, Vancouver, Canada, Hilary developed the groundbreaking Creative Expressive Abilities Assessment Tool. This tool is used to evaluate rehabilitation in dementia care.

From 2000 to 2007, Hilary researched the *Spark of Life* Rehabilitative Program, first in practice, then as peer-reviewed research for a Master in Science Degree. After completing the research, Hilary joined Dementia Care International to co-develop with Jane Verity the *Spark of Life* Model of Care, incorporating the detailed therapeutic and scientific research insights.

In 2011, Hilary was primary editor for the book *Creative Approaches in Dementia Care* published by Palgrave MacMillan.

Hilary's current role involves strategic planning, developing specialized education and mentoring of international leaders in care on 5 continents.



**Jane Verity**

*Originally from Denmark, Jane Verity is an Occupational Therapist, Advanced Systems and Family Therapist and Master Practitioner of Neuro Linguistic Programming (NLP).*



**Hilary Lee**

*Hilary Lee is an Occupational Therapist from England, a Master of Science and certified in Qualitative and Quantitative Health Research Methods*